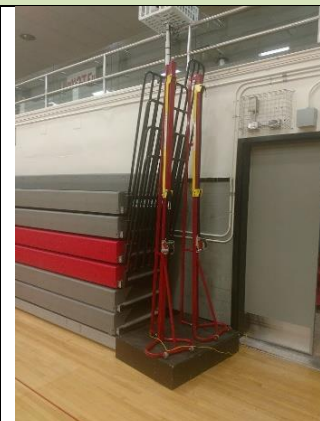


Facility: **Strathcona H.S. - North**

Last Updated: **Dec 12, 2017**
Who: **PA**

Address: **10450 – 72 Ave**

Contact/Caretaker: **Conrad Schmidt (Head Custodian)**



Taken from corner

Taken from opposite corner

Volleyball Setup

Volleyball pole storage

General Information

Parking: Parking can be found in the school lots on the West and South sides of the building

Entrance: Enter the school through the West side doors.

Gym Location: The North gym will be down the hall and to your left once you have entered the facility through the west doors.

Changeroom/Washroom: Changerooms are located in the hallway just outside the doors of the North gymnasium. The women's is on the left of the gym entrance and the men's is on the right.

Floor: Hardwood floor in good condition. The volleyball lines are black.

Equipment

Sport Specific Equipment Location and details: The volleyball nets are in the equipment room. There is a carabiner on one side of the nets, and a rectangle hold on the other side for both the top and bottom. The posts are also kept just outside the equipment room. There are four posts with 1 crank each.

Gym Set-up

Volleyball

Step 1: Use 2 posts per court, each post should have a crank.

Step 2: Adjust the metal sleeves to the second hole from the top on each post.

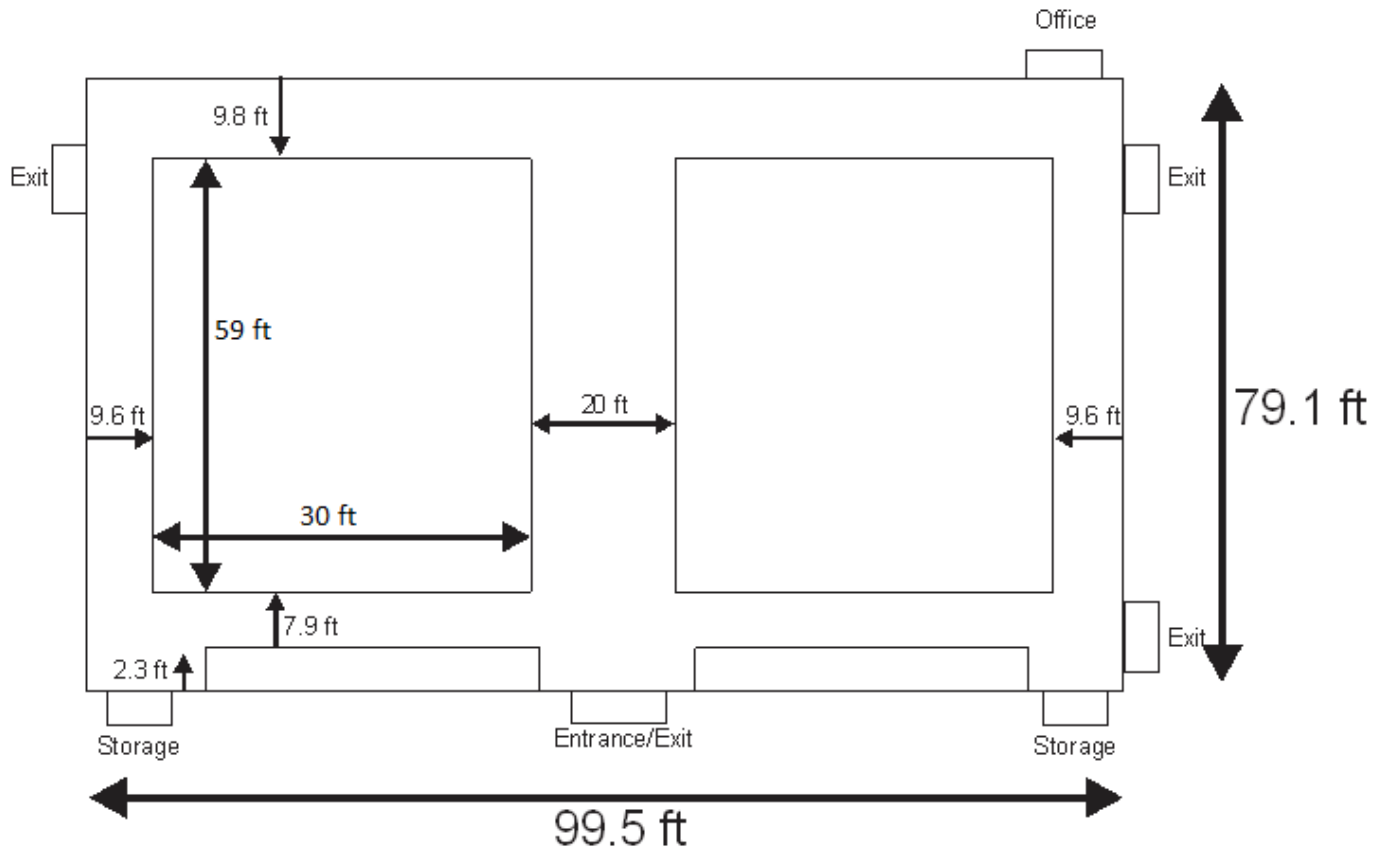
Step 3: Attach the top of the net to the posts. The side with the rectangle hold will attach to the carabiner on the crank strap. The side with the carabiner will attach to the metal ring on the post.

Step 4: Attach the bottom of the net. The attachments will be on the opposite side of the top.

Step 5: Tighten the top of the net using the crank. Then the bottom. **DO NOT OVERTIGHTEN.**



Set-up Diagram



Important Notes

You may need to find the caretaker to open the equipment room for you. Make sure you are out on time.