

Facility: **St. Francis Xavier H.S.**

Last Updated: **Feb 2, 2023**  
Who: **LC**

Address: **9520 – 163 St.**

Contact/Caretaker: **Larry Malo**



Net storage on north wall

Pole storage underneath stage

Correct pole setup

Close-up correct pole setup

## General Information

**Parking:** Parking is available in the lot on the North side of the school which can only be accessed via 163 St.

**Entrance:** The entrance is located on the east side of the building just around the corner from the parking lot. **The EC has to be the first person to enter the building and sign in. The custodian will not let players in before the EC.** Players should leave outdoor footwear at the entrance.

**Gym Location:** Inside the entrance the gym is straight ahead.

**Change room/Washroom:** Players can change in the change rooms that are located inside the gym on the south side of the gym.

**Floor:** The floors are hardwood with hollow teal lines for volleyball, hollow yellow lines for badminton, and solid blue lines for basketball.

## Equipment

**Sport Specific Equipment Location and details:** The volleyball nets are to be hung along the north wall. The volleyball poles are located underneath the stage on the left hand side. Ensure you have one pole with a pulley on the top and one pole with the pulley on the bottom per court. For height, use the second highest holes on the top and the bottom holes on the bottom of each of the poles.

## Gym Set-up

### Volleyball

**Step 1:** Choose one pole with a pulley on the bottom and one pole with a pulley on the top. Place into the small holes on opposite sides of each court.

**Step 2:** The net height is adjustable on each pole with a pin at the top and bottoms of the pole – **use the second highest hole on the top and lowest hole on the bottom of each of the poles** by pulling out the pin, sliding the sleeve and replacing the pin.

**Step 3:** Attach the top of the net. The side of the net with the metal loop at the top goes on the side with the pulley at the top. Attach the side of the net with the carabiner to the other pole.

**Step 4:** Attach the bottom of the net. The side of the net with the metal loop at the bottom goes on the side with the pulley at the bottom. Attach the side of the net with the carabiner to the other pole.

**Step 5:** Tighten the net on the top with the top crank, then the bottom. Do not over-tighten.



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**Step 6:** Repeat steps 1-5 for the second court.

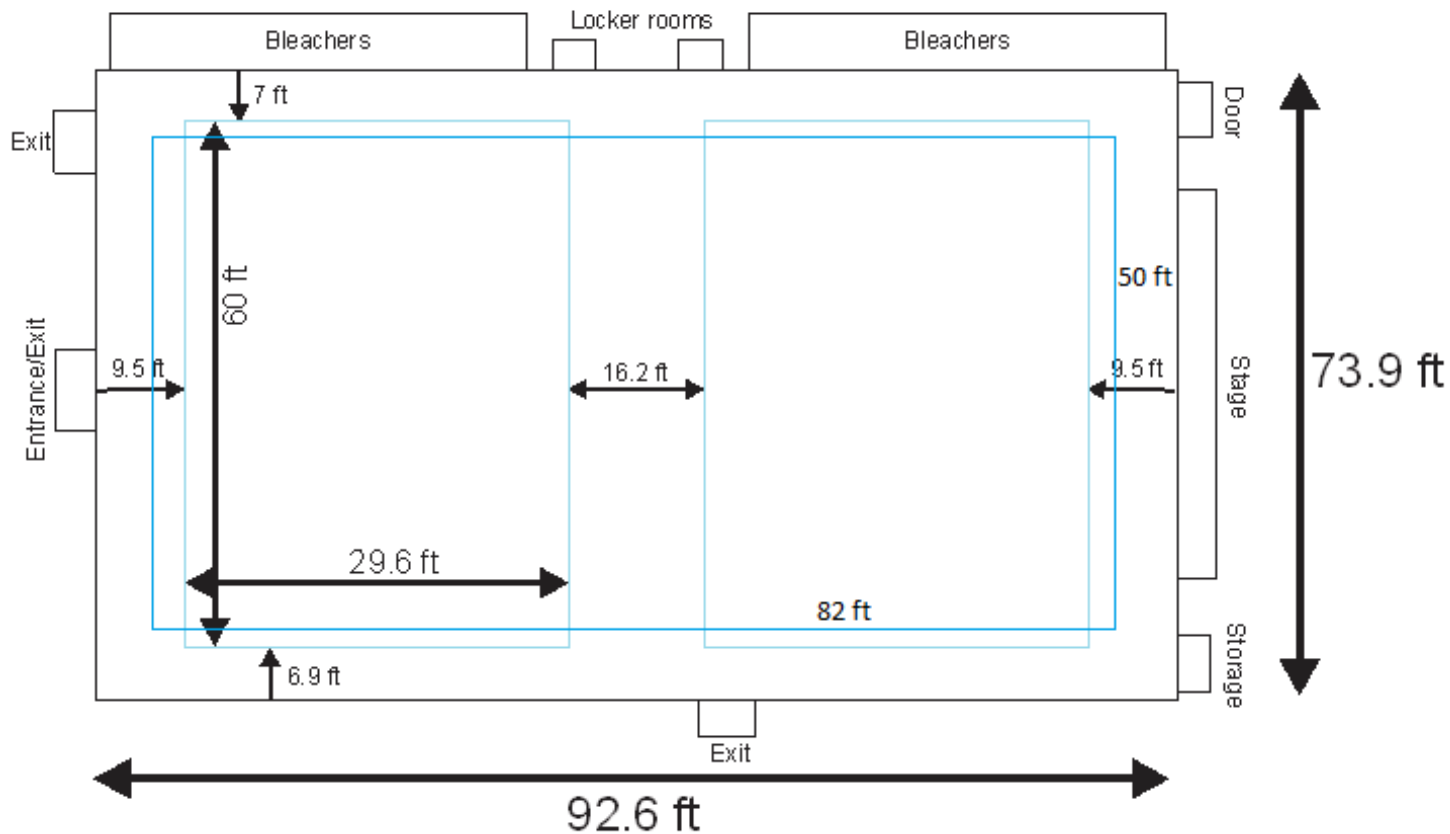
### Basketball

The court measures 82.6 x 50 ft. The court has a decent amount of space between the baselines and wall with over 4 feet on both baselines. The backboards are plexi-glass and half padded. The backboards have breakaway rims and the nets are in good shape.

**Court Lines:** The court lines are solid blue. Gym has a 3 point line.

**Player Benches:** There are no benches in the gym. May have to pull them down from the stage or the equipment room.

## Set-up Diagram



## Important Notes

Hoops can be raised electronically and are controlled by switches between the women's change room and men's change room. The top buttons are to raise the hoops and the bottom buttons are to lower them.



Main doors will be locked 15 minutes after arrival, so new players may need to be let in by others.



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