

Facility: **St. Clement J.H.**

Last Updated: **Jan 24, 2019**  
Who: **JH**

Address: **7620 Mill Woods Road**  
Contact/Caretaker: **Armando Marquicias**



Taken from one corner of the gym

East side basketball hoop

Volleyball post set up

Volleyball nets

## General Information

**Parking:** Parking can be found in the school lot on the West side of the building

**Entrance:** Players should enter through the main doors on the South side of the school.

**Gym Location:** From the main doors, turn right down the hallway and take your first left. The gym will be directly down the hall in front of you.

**Change room/Washroom:** There are change rooms located in the gym on the right end wall when you enter. Washrooms are also located just outside the gym to the left.

**Floor:** Volleyball court lines are green all around, courts end at the wall on each end. Basketball lines are black.

## Equipment

**Sport Specific Equipment Location and details:** The volleyball posts are located under the stage, but the custodian may take them out for prior to the game. The volleyball nets are found on the west wall. After the game, please put the posts back under the stage, and the nets back to hanging on the west wall. If the basketball nets need to be brought down or put up, find the custodian to help with this.

## Gym Set-up

### Volleyball

**Step 1:** Match the posts to their correct locations, which should be listed on the posts themselves. Note that the posts have letters on them, and these must match each other as well as the letter on the net. Each blue post is labelled as to which side they go on. The red post goes in the middle

**Step 2:** Make sure the net you use has a letter that matches the letters on both posts. The net height is adjustable on each post – set it to the 2nd hole from the top.

**Step 3:** Each net has a rope loop on all 4 corners. Attach the top of one corner of the net to the d-hook on the top of the post and the other top corner to the d-hook on the rope.

**Step 4:** Repeat for the bottom of the net, but the rope and crank will be on the opposite side.

**Step 5:** Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten.

### Basketball

**Court Lines:** Black basketball court lines easily identifiable in this gym. This gym has a 3 point line.

**Player Benches:** Players can sit on the large benches against any wall, outside of the area of play.



[www.EdmontonSportsClub.com](http://www.EdmontonSportsClub.com)  
17406 106a Ave, Edmonton, AB, T5S 1E6  
780.429.GAME(4263)

