

Facility: **Sister Annata Brockman J.H.**

Last Updated: **July 17, 2019**
Who: **SM**

Address: **355 Hemingway Rd NW**

Contact/Caretaker: **Francis Saliganan**



Volleyball Post Storage

IVB + BDM net storage

Taken from southeast corner of gymnasium

General Information

Parking: Parking can be found in the School lot on the North side of the school. Access the lot at the corner of 57 Ave and Hemingway Rd.

Entrance: Players should enter the school through the main doors on the East side of the building.

Gym Location: The gym will be directly on your right when you enter through the main doors.

Changeroom/Washroom: Players can change in the washrooms that are located inside the gym.

Floor: Upon entering the gym, directly to the right of the doors players can find brooms to sweep the floor if needed. Use the blue lines for Volleyball, white lines for Badminton, and black lines for Basketball.

Equipment

Sport Specific Equipment Location and details: Volleyball nets are hung up on the on the right wall near the back of the gymnasium. Badminton nets are hung up directly across on the opposite wall. If other badminton nets are required, spares can be found on the left side of the storage room in a blue bin labelled "badminton nets." Volleyball poles should be left out by the custodian, if they are not they are straight ahead when entering the storage room, badminton poles can be found on the ground by the volleyball poles. This gym does have a dividing curtain.

Gym Set-up

Volleyball

The blue volleyball posts should be used for the court closest to the entrance/PE office and the older/wider posts should be set up on the court closest to the boys change room and storage room. The older/wider posts uses the volleyball net that has white on the side of the net. This net has been adjusted with Velcro to tighten up the slack for the older/wider posts. The net and parts of the net should not be rearranged.

Step 1: Place the blue volleyball posts in the designated holes in the gym. The holes should already have an insert to accommodate the smaller pole. If the inserts are not in the designated holes they may be in other holes in the gym.



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Step 2: Use the volleyball net that is silver on the side. Again, the net has been adjusted to fit the new poles and the hooks and cables should not be adjusted. If the crank is not with the poles it can be found in the Phys Ed Office.

Step 3: Set the height of the post to the correct height for the league.

Step 4: Return all equipment to the respectful locations at the end of play

Badminton

Step 1: Remove post hole covers and insert the poles into the post holes. 4 Post set-up.

Step 2: Thread the string on the top of the net through the hole on the top of the pole, then wrap the string onto the hook on the middle of the pole.

Step 3: Thread the string on the bottom of the net through the hole on the center of the pole, then wrap the string around the pole and tie the string onto the hook slightly above this hole.

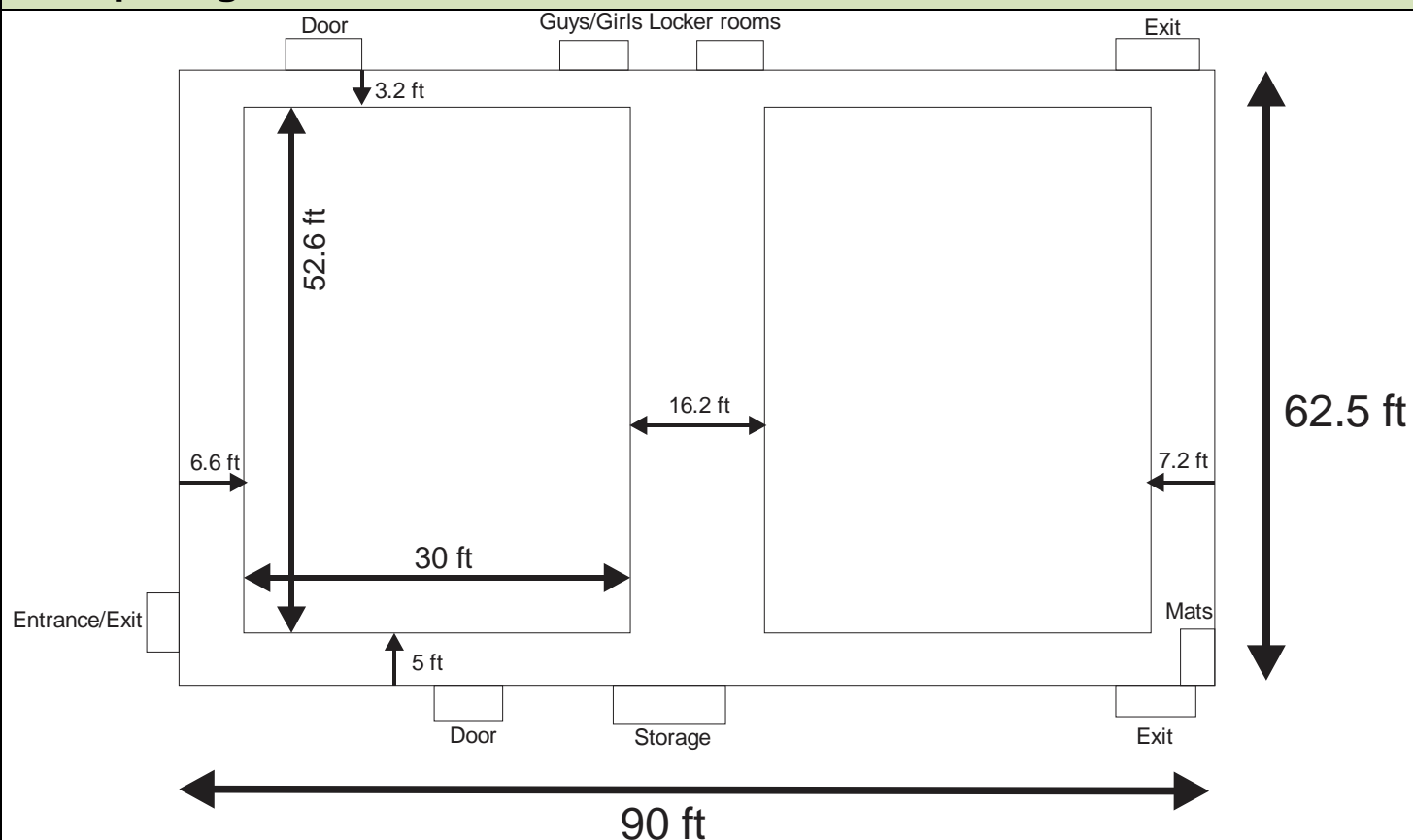
Step 4: Use the winch to tighten the top of the volleyball nets. Once tight, use the straps to tighten the bottom of the net.

Step 5: Turn the poles to tighten the nets.

Basketball

The basketball hoops can be lowered by the custodian. All of the side nets should be pulled to the side to not overhang the main court. When GC'ing use the black boundary lines. This gym has a 3 point line.

Set-up Diagram



Important Notes

Custodian should supply volleyball cranks if they cannot be located. Gym has a dividing curtain.

