

Facility: **M.F. Otterson J.H.**

Last Updated: **Mar 9, 2020**
Who: **SM**

Address: **1834 Rutherford Road**

Contact/Caretaker: **Mr. Estabillo**



Courts

Volleyball post Storage

Correct net setup

General Information

Parking: Parking can be found in the school lot on the West side of the building just off Rutherford Rd.

Entrance: Players should enter the school through the main doors on the West side of the building.

Gym Location: The gym will be directly in front of you when you enter the school.

Changeroom/Washroom: Enter through West side, down the hall, turn right, and then down that hall, they are on the right hand side. These changerooms are also accessible from the gym. The changerooms are on the left when you walk in the gym.

Floor: Composite floor, lightly scuffed. If dusty when you enter please use a mirco-fibre broom from the storage room to clean.

Equipment

Sport Specific Equipment Location and details: Nets are located in the storage room. They are different sizes so use the one marked "32" for the court closest to the gym entrance. Posts are located in the storage room. You need to use the cranks, which are also located in the storage room, to tighten the nets. Each court has its own individual set of holes, outside of the court lines at center court. Volleyball court lines are solid blue. If you are unsure of how to set up the equipment, find the custodian on duty.

Gym Set-up

Volleyball

Step 1: Take a pair of posts out. One with a crank mechanism and one without and also grab a crank which is located beside the posts.

Step 2: Insert the posts into the post holes that are closer to the court lines. DO NOT use the outer holes. Adjust the height of the posts to ensure they are at the men's height (marked on the post), prior to placing in the holes.

Step 3: One side of the net will clip to the post. On the other side run the wire through the pulley and clip to the crank rope.

Step 4: Use the winch to tighten the top of the volleyball nets. Once tight, use the straps to tighten the bottom of the net.

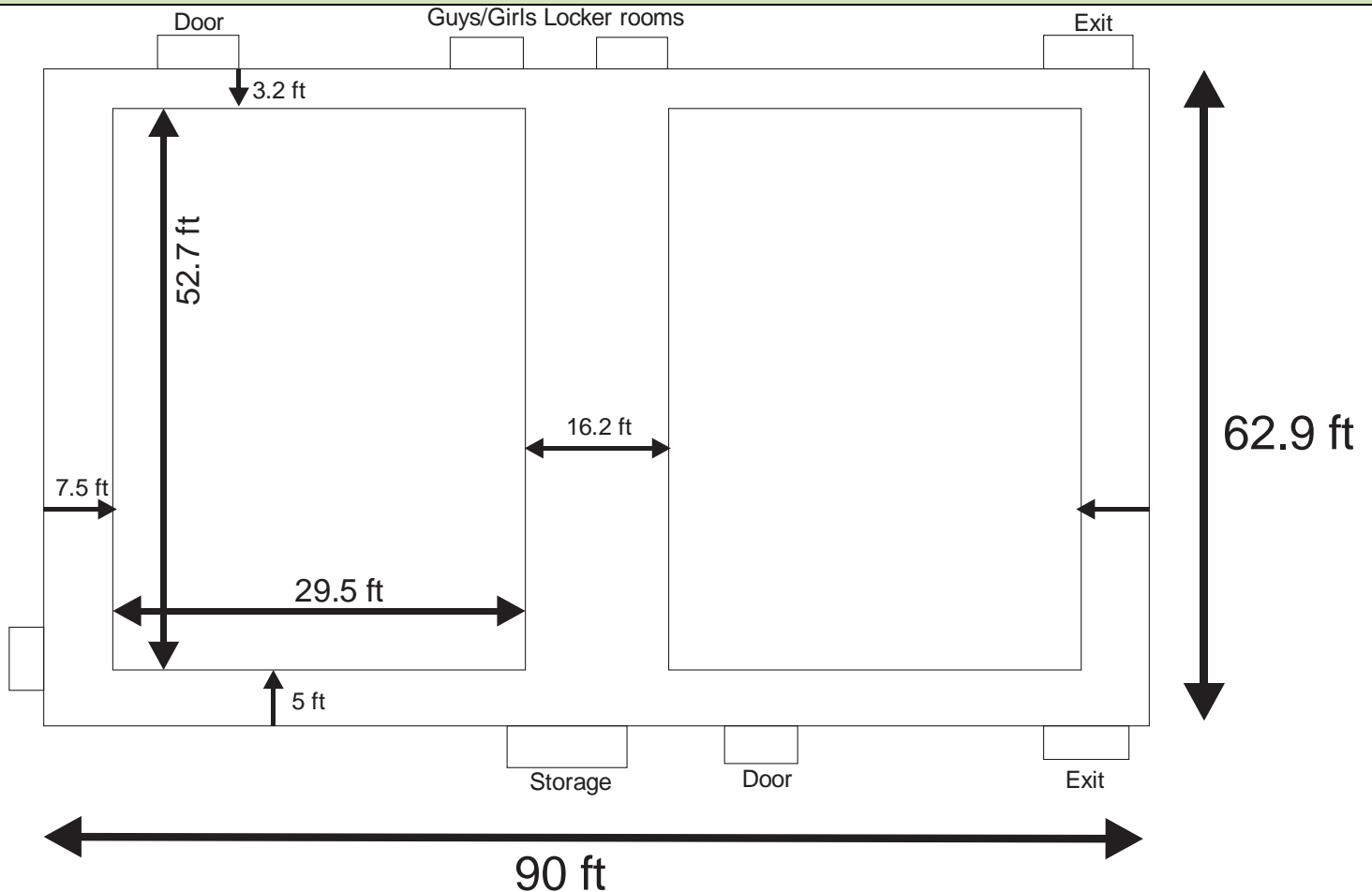
Step 5: Repeat this setup for the other court.

Basketball

Court Lines: The basketball hoops can be lowered by the custodian. This gym has composite backboards with break-away rims. Use the black lines for the courts there is a 3-pt line.

Player Benches: For player benches, use any two benches along the side of the gym wall that are outside of the field of play.

Set-up Diagram



Important Notes

Please remove all outdoor footwear before entering the gym and please refrain from warming up in the halls.

