

Facility: **Life Church (Formerly Evangel Pentecostal Assembly)**

Last Updated: **May 23, 2019**
Who: **SR**

Address: **4461 50 St.**

Contact/Caretaker: **Darlene Obenauer**



Picture from sideline

Picture from baseline

Volleyball posts

Basketball hoop

General Information

Parking: Parking is available in the lot South of the church. Access to the parking lot is off 50 St.

Entrance: Enter through the front Southwest doors. Players should leave outdoor footwear at the entrance. Do not enter the facility more than 15 minutes prior to game time – this is in accordance with the facility's Plan to Protect policy.

Gym Location: Across from the washrooms, you will enter through double doors which will take you through a hallway into the gymnasium.

Changeroom/Washroom: Washrooms are located outside the fireside room. When walking through the foyer, continue past the fireside room and the washrooms will be on the left.

Floor: The floors are a composite rubber with black lines for basketball, white for badminton, and light blue for volleyball. If the floors are slippery when in the gym there is a broom in the storage room.

Equipment

Sport Specific Equipment Location and details: The nets and posts are located in the storage room which will be on the right when you enter the gym. There is also a lighting panel on the right, when the red on the switch is showing the lights will turn on. **Do not** touch the lights unless needed. These lights are halogen and take 3-5 minutes to heat up. Hang the nets up evenly on the hooks at the end of the night.

Gym Set-up

Volleyball

Step 1: This is a three post setup, the posts with two cranks goes into the centre hole. For the posts with the top and bottom cranks, make sure they go on the court opposite of the centre post so each court has a top and bottom crank.

Step 2: The net height is adjustable on each post with a pin – **use the highest hole on each of the posts**

Step 3: Attach the top of the net to the posts, the side with the carabiner will hook into the metal ring on the post. The other side will attach to the hook on the crank rope.

Step 4: Repeat step 3 for the bottom of the net, the crank/ring will be on opposite sides.

Step 5: Tighten the top of each net using the cranks, then they bottoms. Please do not over tighten the net.

Badminton

Step 1: Remove post hole covers and insert the poles into the post holes. 4 posts in total.

Step 2: Thread the string on the top of the net through the hole on the top of the pole, then wrap the string onto the hook on the middle of the pole.

Step 3: Thread the string on the bottom of the net through the hole on the center of the pole, then wrap the string around the pole and tie the string onto the hook slightly above this hole.

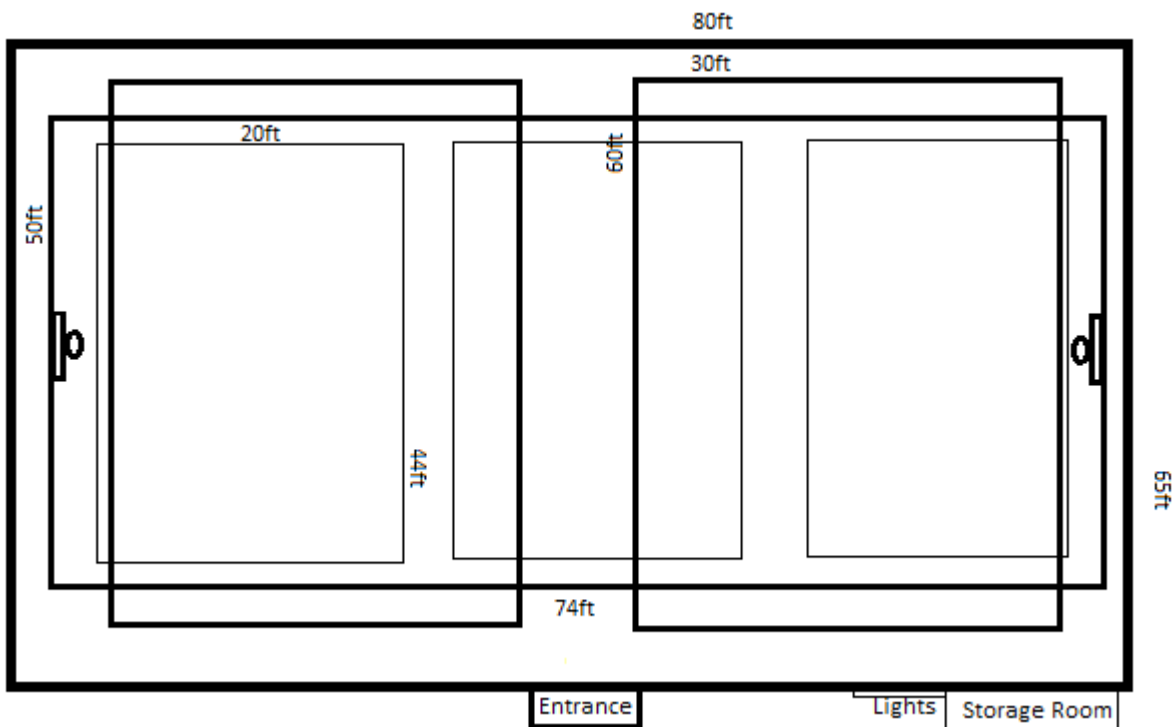
Step 4: Turn the poles to tighten the nets.

Basketball

Court Lines: Basketball court lines are black. This gym has a 3 point line.

Player Benches: Players can sit on the benches against any wall, outside of the area of play. The backboards are regulation sized with break-away rims.

Set-up Diagram



Important Notes

The doors will be open 15 minutes before the permit start time – do not enter any earlier than this

Please ensure to turn off lights if the final rentals group (10:30-11pm finish)

Ensure Volleyball nets are hung back up **evenly** on the hooks at the end of the night