

Facility: **JJ Bowlen J.H.**

Last Updated: **Jan 5, 2018**

Who: **MB**

Address: **6110 – 144 Ave**

Contact/Caretaker: **Mr. M. Ezrouti**



Full Gym



Step behind hoops



Full gym other side

General Information

Parking: Parking can be found in the school lot on the West side of the building, access to the lot is off 144 Ave.

Entrance: Use the main doors at this school; these are on the South side of the building facing 144 Ave.

Gym Location: The gym is directly in front of you and to the left after entering the school.

Changeroom/Washroom: Players can change in the washrooms that are located inside the gym along the wall.

Floor: If the floor is dusty, please ask the custodian for a mirco-fibre broom. The badminton court lines are white.

Equipment

Sport Specific Equipment Location and details: Badminton equipment is located in the storage room beside the stage. Each net will be labelled for the court to use. Stage, centre, wall.

Gym Set-up

Badminton

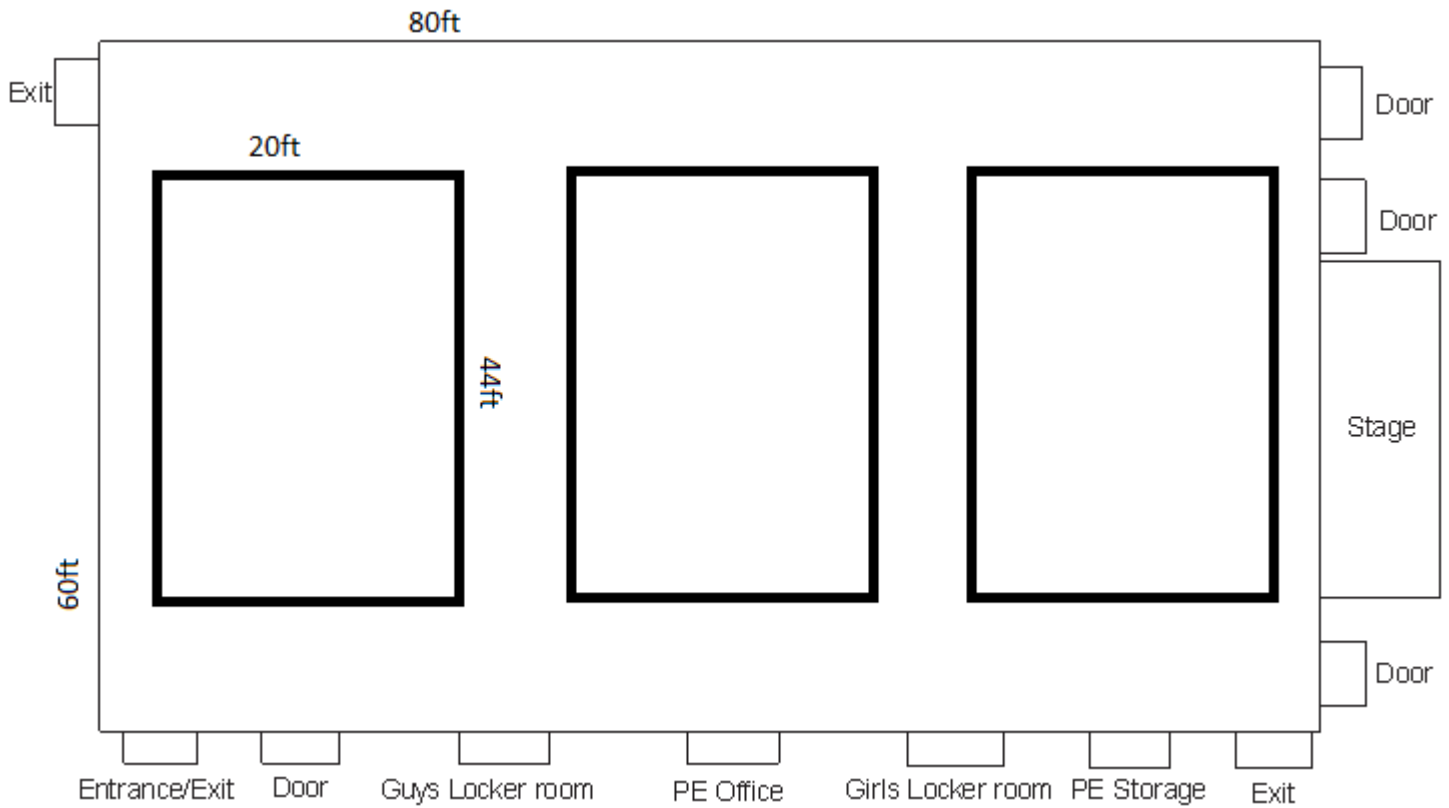
Step 1: Remove post hole covers and insert the poles into the post holes. 4 posts in total.

Step 2: Thread the string on the top of the net through the hole on the top of the pole, then wrap the string onto the hook on the middle of the pole.

Step 3: Thread the string on the bottom of the net through the hole on the center of the pole, then wrap the string around the pole and tie the string onto the hook slightly above this hole.

Step 4: Turn the poles to tighten the nets.

Set-up Diagram



Important Notes

Please make sure the basketball hoops are raised when playing badminton.