

Facility: **Jamie Platz YMCA**

Last Updated: **Oct 27, 2021**
Who: **SR**

Address: **7121 178 St**

Contact/Caretaker: **Wendy McCormack**



Picture of full gym

Court line

Volleyball nets correct

Net and post storage

General Information

Parking: Players can park in the parking lot on the North side of the building. To access the parking lot turn off of 178 St

Entrance: Players should enter from the main entrance on the North side of the building. Players should leave outdoor footwear at the entrance.

Gym Location: Inside the entrance you will have to check in at the front desk. Sign in as an ESSC player. The gym is then on your right from the entrance.

Change room/Washroom: Player change rooms are located to the left of the entrance once you sign in. The men's is on the right and women's is on the left.

Floor: There is a micro-fibre broom in the equipment room that can be used to clear dust and debris from the floor.

Equipment

Sport Specific Equipment Location and details: The volleyball nets and poles are stored in the equipment room on the far side of the gym. The facility may set up the nets, however, you must put them away after the games if required.

Gym Set-up

Volleyball / Badminton

Step 1: Take the posts from the storage room and place them in the holes just off the court.

Step 2: Ensure the yellow slider on the net is set to the highest height. Then, take the nets and clip the tops to the top of the posts.

Step 3: Take the bottoms and clip them on the bottom of the posts.

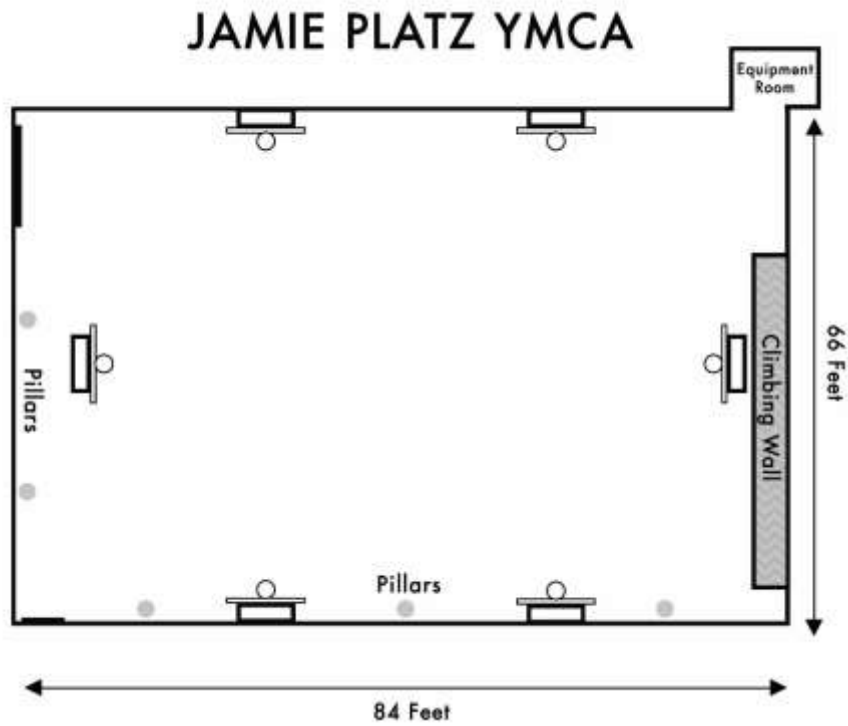
Step 4: Crank both the top and bottom to tighten the nets.

Step 5: Repeat on the other court.



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Set-up Diagram



Important Notes

If there is programming in the gym when you arrive, please wait for that to finish before entering the gym.