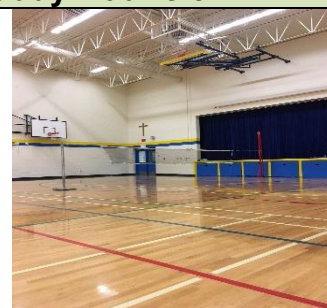


Facility: **Holy Family J.H. - Large**

Last Updated: **Jan 14, 2025**  
Who: **LC**

Address: **1710 Mill Woods Road East**  
Contact/Caretaker: **Buddy Mauricio**



Picture of North court

BDM court set-up

BDM end post set-up

Support post

## General Information

**Parking:** Parking is available in the lot on the South side of the school which can only be accessed via 17 Ave.

**Entrance:** The entrance is connected to the South parking lot and enters directly into the large gym. If the door is locked, the EC can go to the main entrance to be let in and then let players in through the South entrance. Players should leave outdoor footwear at the entrance.

**Gym Location:** Once inside the school, you will be in the main gym.

**Changeroom/Washroom:** Washrooms are located in the gym (blue doors). There are also changerooms directly outside the gym doors that are to the left of the stage.

**Floor:** The floors are hardwood with black lines for basketball, white/yellow for badminton, and blue for volleyball. If the floors are slippery when in the gym please ask the custodian to sweep them.

## Equipment

**Sport Specific Equipment Location and details:** The volleyball nets are hanging on the South/West wall of the gym. The badminton nets are stored in a black bag on the top shelf in the storage room and are all strung together. Mats are located beside the red posts. The posts should be left out for players, if they are not, please ask the custodian to open the storage room for you. The custodian may need to provide a chain to hook up the net. For Indoor Volleyball, teams will need to use three red poles to set-up the courts. **Equipment needs to be put back where you found it and in the same condition!**

## Gym Set-up

### Volleyball

**Step 1:** Choose the post labelled stage and the post labelled clock. These will go on the East and West wall respectively. There is one post for the centre.

**Step 2:** Place a red mat under each post before placing them in the holes.

**Step 3:** The net height is adjustable on each post with a pin – **use the highest hole on each of the posts**

**Step 4:** Each net has a cable loop on all 4 corners. Attach the top of one corner of the net to the s-hook on the top of the post and the other top corner to the s-hook on the rope. Ensure you use the lets labelled stage/clock for the correct courts.

**Step 5:** Repeat step 3 for the bottom of the net, the crank/ring will be on opposite sides.

**Step 6:** Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten.

## Badminton/Pickleball

**Step 1:** Remove post hole covers and place a mat down before inserting the poles into the post holes. There are 2 gray support posts that go in between the courts and use the volleyball posts for the side courts.

**Step 2:** Use the nets and thread them through the posts on the centre courts.

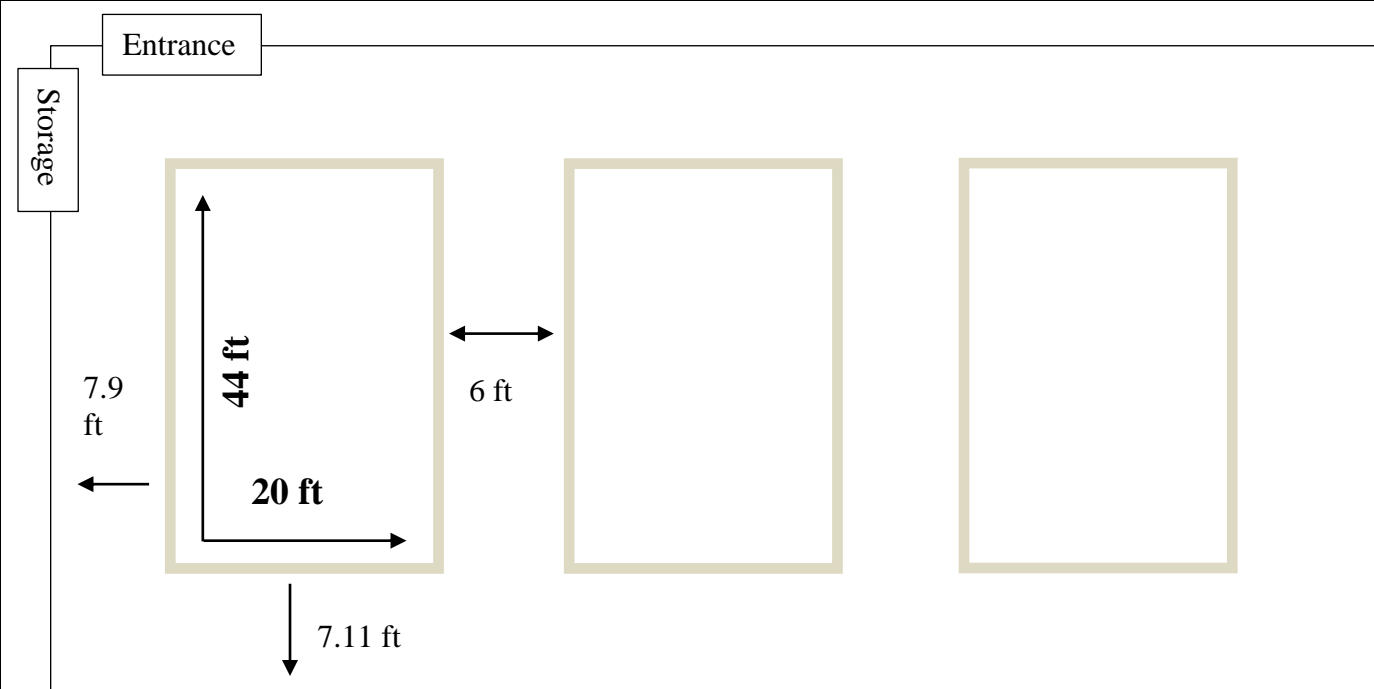
**Step 3:** On the side courts, there is a chain which will reach to each of nets on the side courts.

**Step 4:** Loop the nets through the chains and pull them taut. The nets will rest on the grey posts when at the proper height.

## Basketball

The basketball hoops should be down when you arrive. If they are not down, please ask the custodian to lower them. The backboards are regulation size with wood backboards and non-breakaway rims. This gym does not have a three point line.

## Set-up Diagram



## Important Notes

Please do not wander the hallways during games.