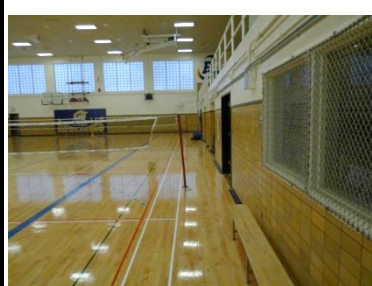


Facility: **Eastglen H.S – East (Large)**

Last Updated: **Mar 16, 2022**  
Who: **SR**

Address: **11430 68 St NW**

Contact/Caretaker: **Nathanial – 780-554-0311**



Taken from one end of the gym

Taken from opposite end of the gym

Volleyball Poles

Equipment Area

## General Information

**Parking:** Players may park either along 68 St or in the lot on the Southwest side of the school.

**Entrance:** Players enter through the doors on the South side of the school (just North of the swimming pool). If you parked in the parking lot, you may check if the doors just off the parking lot are unlocked. The south entrance has mats for players to leave their outdoor shoes/boots on.

**Gym Location:** From the South doors, go forward till you can enter the hallway on the left. Once in the hallway the gym and locker rooms will be on your right. Using the doors in the lot, go into the hallway on your left and look for the gym/locker room doors on your left.

**Change room/Washroom:** The washrooms are located right beside the gym on the right hand side of the hallway.

**Floor:** The floor is a coated hardwood floor. It is in great condition and is not slippery.

## Equipment

**Sport Specific Equipment Location and details:** The volleyball lines are solid green. The posts are located in an alcove between the two entrances of the gym. The nets are located along the walls of the gym. Bottoms on nets don't have clips/carabineers. For basketball, the backboard is plexi-glass that's half padded. Panels for raising/lowering the nets are located on the centre of the wall that is closest to the big gym. Ask custodian to raise/lower.

## Gym Set-up

### Volleyball

**Step 1:** Take a post with a crank and one without and insert them into the post holes.

**Step 2:** Loosen the top piece to adjust the height but do not loosen it too much because it is spring loaded and it will pop out. Use the M line on top of the poles to determine correct net height.

**Step 3:** Clip the tops of the net into the post and crank to tighten. Crank unit itself is a little loose and it does not stay in place when the net is tightened. Slide the O-Ring on the same post right on top of the crank unit and tighten it. This will keep the Crank unit in its proper spot while tightening the net.

**Step 4:** There are no cranks for the bottom so you need to pull and tie it down to the bottom of the posts.

### Basketball

**Court Lines:** Court lines are solid black all the way around. No 3 point line in this gym.

**Player Benches:** There are 6 benches in the gym for players to sit on.



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780.429.GAME(4263)

## Badminton

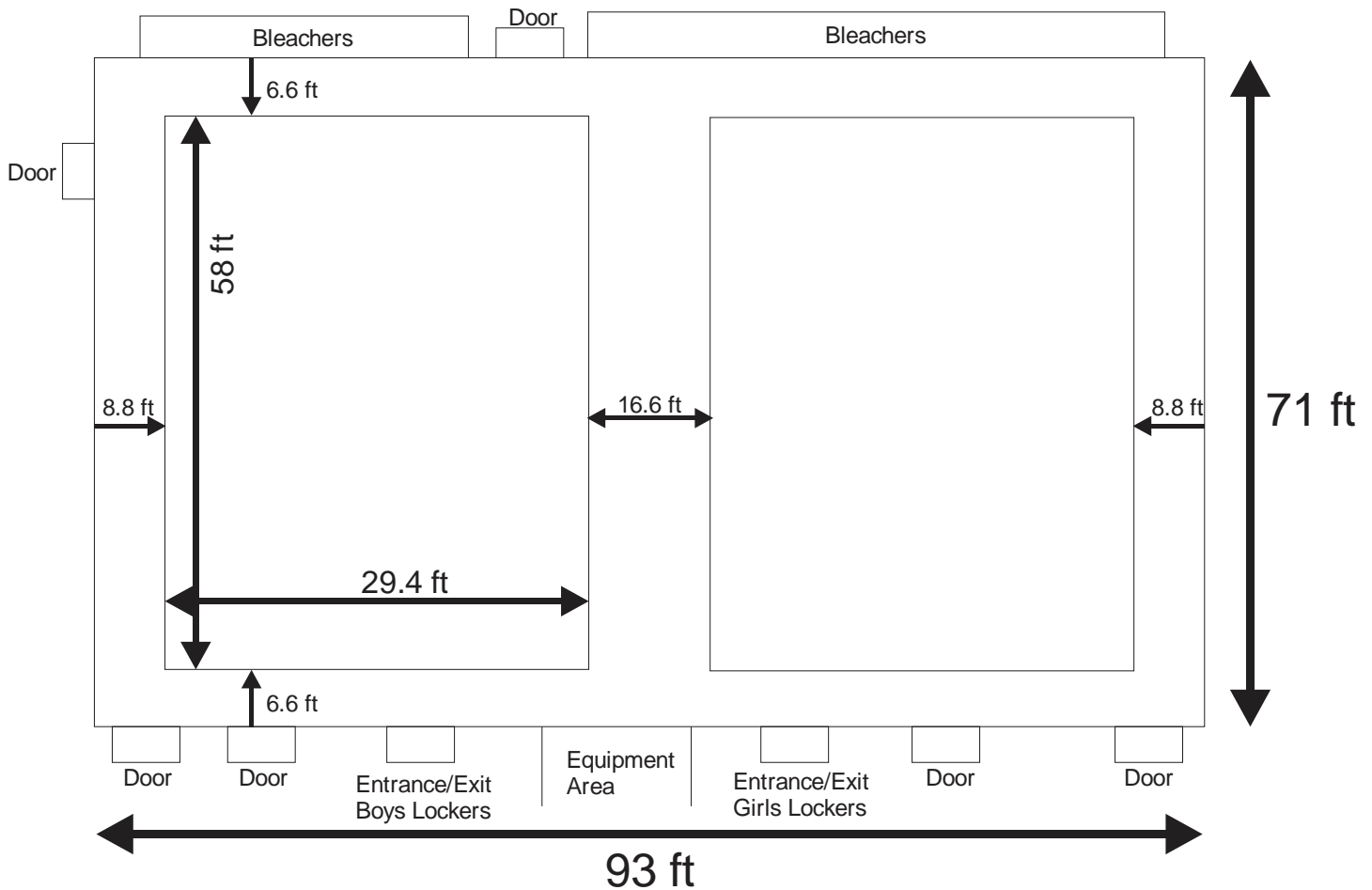
**Court Lines:** Court lines are the white lines.

**Set Up:** The red posts needed for Badminton are located in the equipment area. The nets are located in the door to the right when you walk into the gym. They are in a blue bin behind the door. The wood posts are located to the left when you walk in past the equipment area. They go in between the courts.

**Step 1:** Put the red posts in the grey holes as the two ends.

**Step 2:** Put the wood posts between those courts with the Badminton nets going over top.

**Step 3:** Crank the nets tight. There are no bottom ties on these nets.



## Important Notes

This gym is a good gym to play out of, there is a good amount of recovery room. The only problems may be that the lines are thinner than the normal lines and that players may hit the ball into the bleacher area but other than that, this is a good gym.