

Facility: **Dr. Margaret Ann Armour J.H.**

Last Updated: **Dec 13, 2017**  
Who: **PA**

Address: **3815 Allan Drive**

Contact/Caretaker: **Jody Lundell (Principal)**



Volleyball court setup



Volleyball post/net set up



Volleyball post storage



Badminton post and net storage

## General Information

**Parking:** Parking can be found along Allan Drive in the parking lot on the north side of the school.

**Entrance:** Enter the school through the main doors on the North side of the building.

**Gym Location:** Upon entering through the main entrance the gym is located straight ahead. There is a sign up sheet directly to the right of the gym door entrance.

**Changeroom/Washroom:** Change rooms are located inside the gym and water fountains are inside the change rooms.

**Floor:** Gym floor is hardwood with little dust build up. Volleyball court lines are dark green. Basketball lines are black. Badminton lines are white.

## Equipment

**Sport Specific Equipment Location and details:** 6 Blue volleyball posts are kept to left when you enter the equipment room. 3 volleyball posts have cranks for the top net attachment and 3 posts are for bottom net attachment. The nets are hanging along the wall of the gym at full length. Custodian will raise the basketball nets if need be. Badminton posts and nets are stored next to the volleyball posts on the left side of the storage room.

## Gym Set-up

### Volleyball

**Step 1:** There are 2 sets of holes where the posts are to be set into the floor, use the inner holes on the blue line.

**Step 2:** Set net heights to the second option from the top (men's height 243cm).

**Step 3:** Clip the tops on the posts.

**Step 4:** Clip the bottoms to the posts and tighten.

**Step 5:** Do not over tighten the nets.

### Badminton

**Step 1:** Remove post hole covers and insert the poles into the post holes. 5 posts in total.

**Step 2:** Thread the string on the top of the net through the hole on the top of the pole, then wrap the string onto the hook on the middle of the pole.

**Step 3:** Thread the string on the bottom of the net through the hole on the center of the pole, then wrap the string around the pole and tie the string onto the hook slightly above this hole.

**Step 4:** Turn the poles to tighten the nets.



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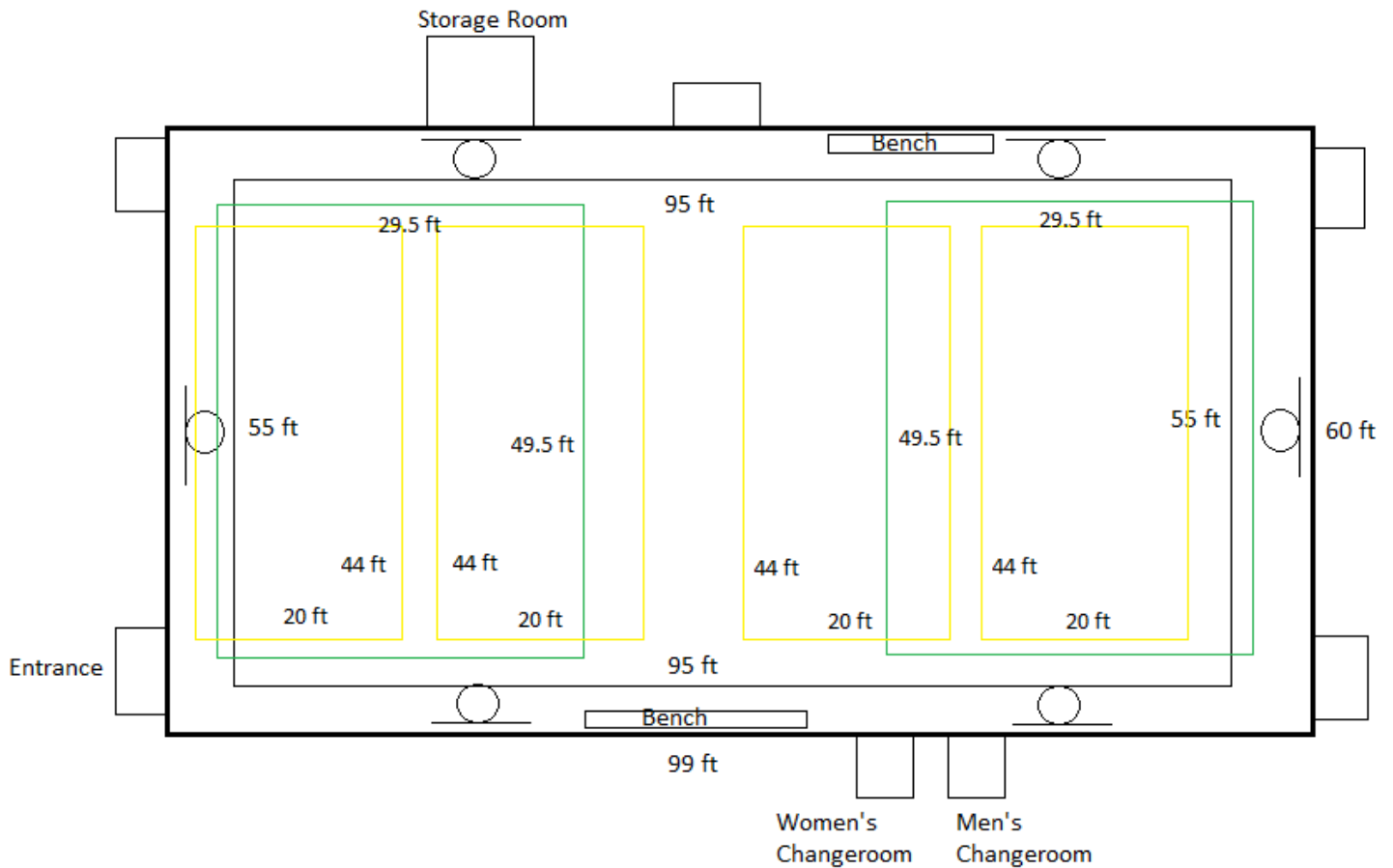
## Basketball

**Court Lines:** The court lines are black. It is a long and narrow court.

**Benches:** There are benches on the sides of the gym for players to sit on.

The backboards are regulation size composite with non-breakaway rims. This gym does have a 3pt line.

### Set-up Diagram



### Important Notes

Please remove your outdoor shoes at the door.