

Facility: **Central Lions**

Last Updated: **Nov 23, 2018**
Who: **JH/SM**

Address: **11113 113 St**
Contact/Caretaker: **City of Edmonton**



Gym from SW corner

Gym from NW corner

Badminton nets up

Basketball Hoop

General Information

Parking: Players may **NOT** park in any reserved parking stall **AT ANY TIME**. Players can park in the lot off 113st. There are three lot entrances, take the third one to be beside the gym.

Entrance: Players should enter from the gym/fitness centre entrance on the West side of the building. Players should remove footwear and take their belongings into the gymnasium. Players should **NOT** leave any footwear/belongings unattended at the entrance.

Gym Location: Inside the entrance the gym will be directly down the hall with the entrance on your right.

Changeroom/Washroom: The washrooms are located outside the gym. Walk past the reception front desk area and turn left.

Floor: The floor is a composite rubber. If slippery, please ask the attendant to sweep. The basketball lines are black and badminton is white.

Equipment

Sport Specific Equipment Location and details: The badminton poles and nets are in the storage room in the centre of on the gym on the south wall. Basketball hoops should be out when you arrive.

Gym Set-up

Badminton

Step 1: This is an 8 post setup, remove the post hole covers and insert the poles into each hole.

Step 2: Thread the string on the top of the net through the hole on the top of the pole, then wrap the string around the post and tie the string onto the hook along the middle of the pole.

Step 3: Thread the string onto the bottom of the net through the hole on the centre of the pole, then wrap the string around the pole and tie the string onto the hook slightly above the hole.

Step 4: Twist the posts in the holes to tighten the nets.

Step 5: Repeat these steps for each court.

Basketball

Court Lines: Black court lines easily identifiable in this gym.

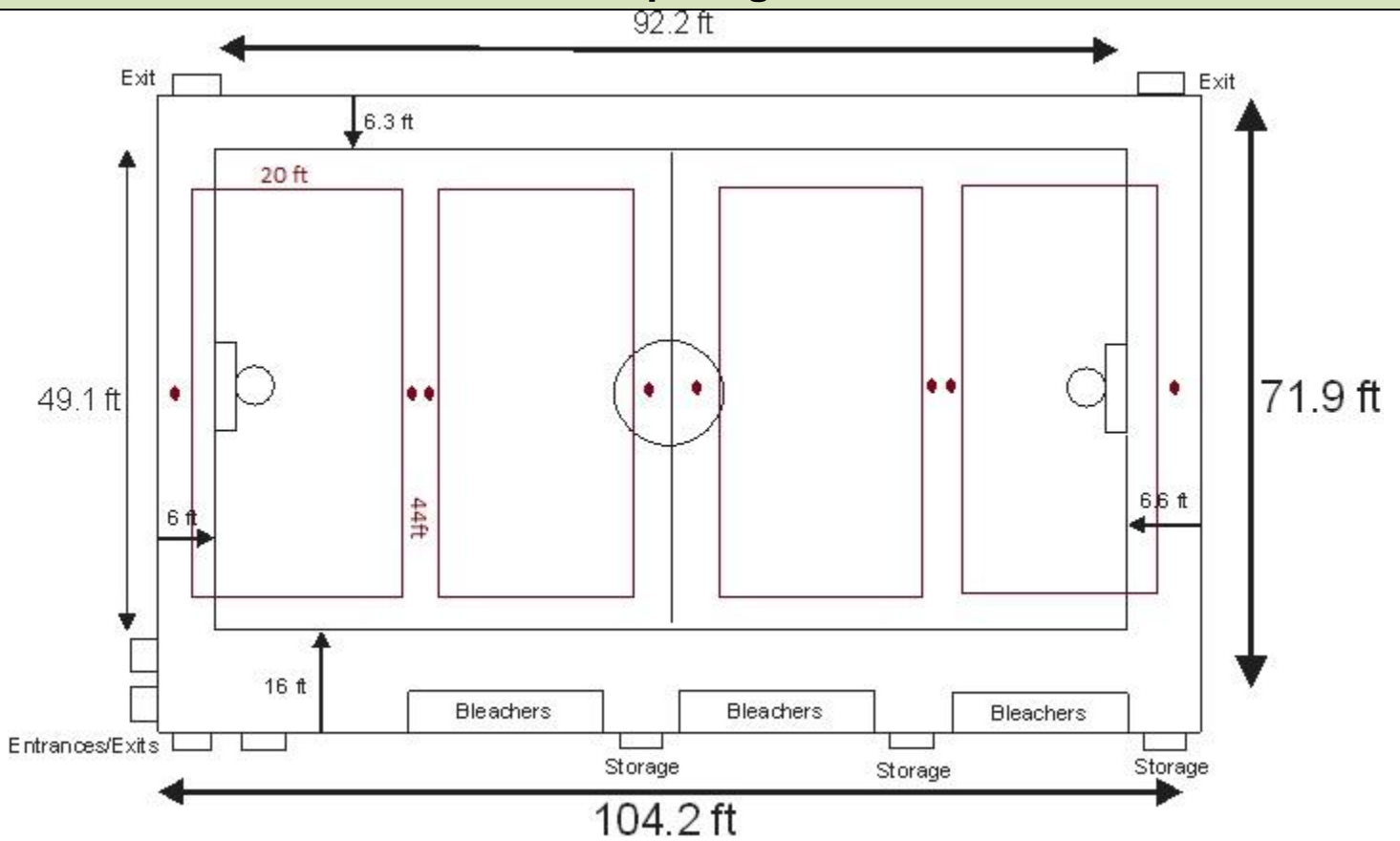
Player Benches: Players can sit on the bleachers along the South wall. Please put these back in when done.

This gym has a regulation glass backboard with a break-away rim. There is also a 3-point line.



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Set-up Diagram



Important Notes

Do not allow players in the gym before the start of the game time. ESSC has received multiple complaints.