

Facility: **A. Blair MacPherson J.H.**

Last Updated: **Dec 15, 2022**  
Who: **LC**

Address: **430 Tamarack Green**

Contact/Caretaker: **Darrin DeGrande**



Picture of gym from North

Volleyball posts

Correct hanging of net

## General Information

**Parking:** Parking is available in the parking lot off Tamarack Green on the North side of the school.

**Entrance:** Players should enter the school through the main doors on the North West

**Gym Location:** The gym is located directly in front of you when you walk in the main entrance.

**Changeroom/Washroom:** Change rooms are both inside the gym along the West wall. To fill up your water bottle, the fountain is on the left past the office when you enter the school.

**Floor:** Hardwood floor. They use a solid blue line to outline their volleyball courts, both courts do have centre lines. For basketball use the black lines. If the floor is slippery, there is a micro-fibre broom in the storage room which can be used to clear the floor.

## Equipment

**Sport Specific Equipment Location and details:** The storage room is along the East wall when you first enter the gym. Both the nets and poles are in here. This school has clearly marked which volleyball poles should be used and which ones should not be used (noted with a DO NOT USE marker/tape). The cranks should be permanently attached to the poles. If you have any questions about which equipment to use – the evening custodians can give instructions. As well, the basketball hook for the side hoops is located here.

## Gym Set-up

### Volleyball

**Step 1:** Take a pair of posts out. One with a strap at the top and one with a strap at the bottom.

**Step 2:** Insert the posts into the post holes that are closer to the court lines. DO NOT use the outer holes. Adjust the height of the posts to ensure they are at the men's height (marked on the post), prior to placing in the holes.

**Step 3:** Attach the top of the net to the strap at the top of the post and the chain on the other post. Do the same thing for the bottom of the net.

**Step 4:** Use both cranks to tighten the top and bottom of the nets.

**Step 5:** Repeat this setup for the other court.



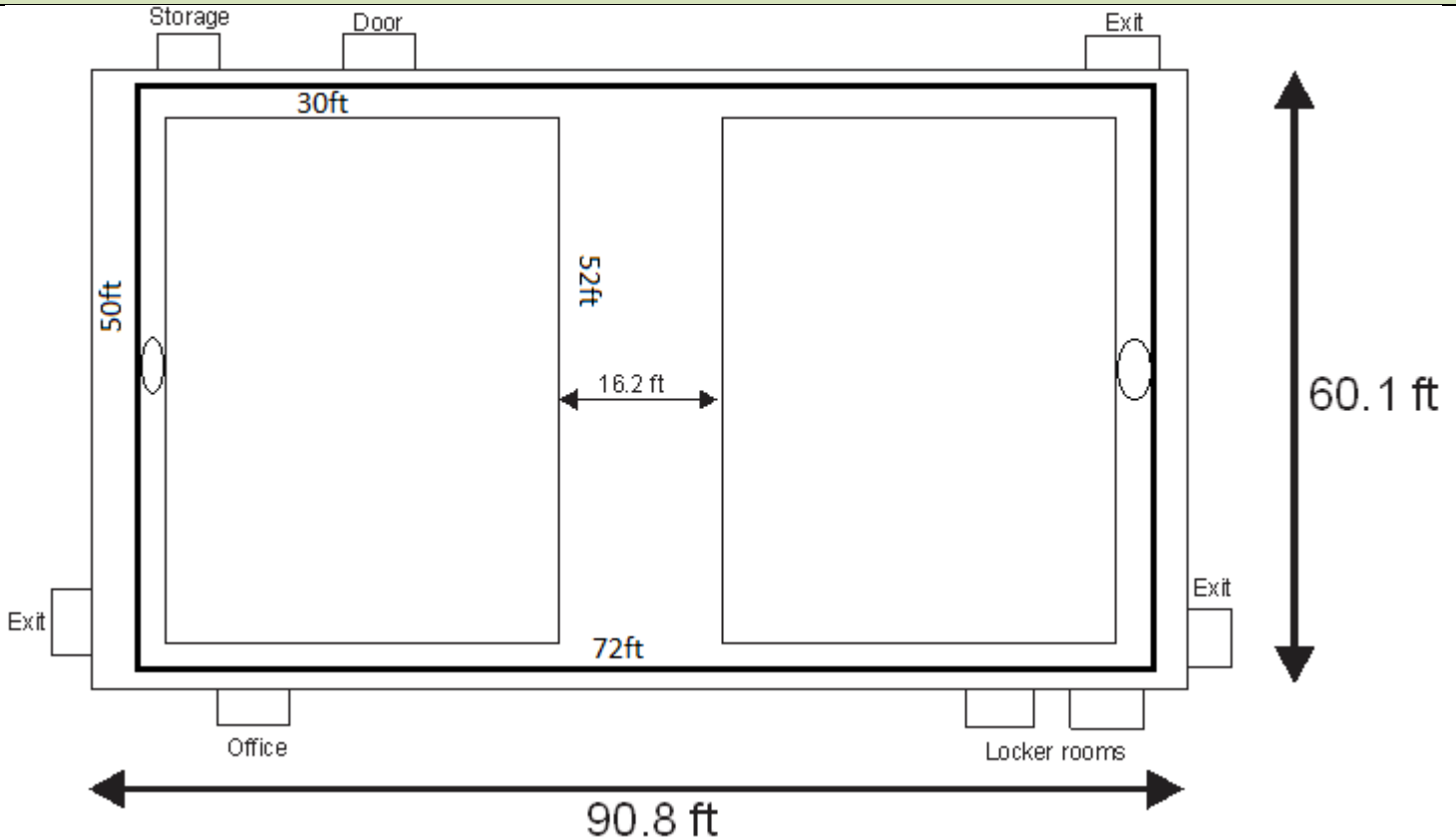
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## Basketball

**Court Lines:** The basketball hoops can be lowered by the custodian. This gym does have full size backboards and a three point line. Use the black lines for the courts.

**Player Benches:** For player benches, use any two benches along the side of the gym wall that are outside of the field of play.

## Set-up Diagram



## Important Notes

Players should only enter and exit through the same door. Custodian locks the front doors after the first game has started. Please DO NOT wander in the hallway or prop open any doors. This gym is not good for badminton and uses the extra volleyball posts.

**Basketball Hoops:** If the side hoops are in the way, use the pole/hook noted in the Equipment section of this gym description. Use the hook to pull the bracket tab downward, then swing the hoop towards the wall gently. For the large main hoops, you will need to find a custodian to move them up.