

Step by Step Instructions on How to Set-up a Field	
<p>Step 1:</p> <p>Locate the center of the field</p>	<ul style="list-style-type: none"> • If there are goal posts drop one yellow cone in the middle of the goal. • If there are no goal posts, count the paces from one sideline to the other and retrace steps to the halfway mark.
<p>Step 2:</p> <p>Split the field into 2 equal halves</p>	<ul style="list-style-type: none"> • If there are goal posts, locate the center at the other end and walk towards it, dropping yellow cones every 10 paces (10 cones down the middle). • The key is to not look down – keep eyes on the target. • If there are no goal posts, after the first center point is marked (in Step 1), go to the other end and repeat. Then, walk towards center as described above – keep your head up!
<p>Step 3:</p> <p>Mark outside YELLOW cone boundaries</p>	<ul style="list-style-type: none"> • Place a yellow cone every 10 paces across the back of each end zone (7 yellow across each back line of the field) – be sure to leave 5 paces between this line and the goal posts so that there are no collisions. • Place a yellow marker every 10 paces down each sideline. There will already be 1 cone on each corner and don't need one on the goal line (orange), so 5 more cones will be enough for each sideline.
<p>Step 4:</p> <p>Mark the goal lines in ORANGE</p>	<ul style="list-style-type: none"> • Use 8 orange cones on each end of the field to mark the goal lines. • Goal lines are 15 paces from the back of the end zone. • There are 4 small orange cones on each field's goal line. • 2 taller cones will be placed on the sides and 1 in the middle.
<p>Notes:</p>	<ul style="list-style-type: none"> • Not all fields are a standard football field size. • In the event that the field is not standard, set-it up using similar proportions to this outline. For example, shorten the sections of the field by equal amounts. • Do not shorten the gap between the end zone and the goal posts. The gap is there for safety reasons. • Place one scoreboard for each game on the sideline for teams to keep score.