

Facility: West Island College – Gym 1

Last Updated: July 9th,
2018
Who: JA

Address: 7410 Blackfoot Trail SE
Contact/Caretaker: Ben Ginzberg



Photo #1



Photo #2

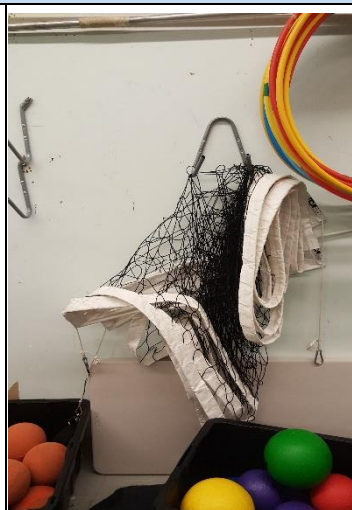


Photo #3

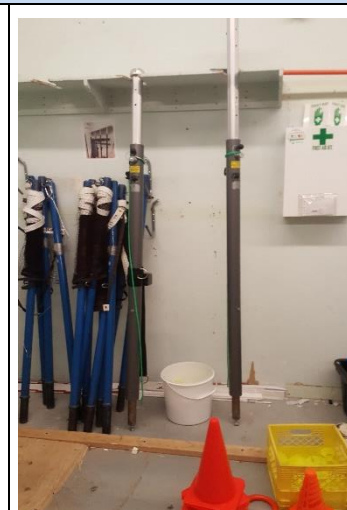


Photo #4

General Information

Parking: Players may **NOT** park in any reserved parking stall **AT ANY TIME**. Players can park in the small parking lot on the East side between the building and the green space. Players can also park in the large parking lot located in the SE of the property and can be accessed from 5th street SE

Entrance: Players should enter from the main gym entrance located on the north side of the building. There are two double doors that say 'Gymnasium 1' There are signs in the parking lot and on the door that say 'Gymnasium 1'.

Gym Location: Inside the entrance you will spot stairs on the right. The gym is down the stairs. Once down the stairs take a left to reach the gym. If the lights are off, there is a panel on the west wall as you enter the gym.

Change room/Washroom: After walking down the stairs towards the gym, take a right. Male and Female changerooms are located here.

Floor: Hardwood floor. Red lines are used for Volleyball.

Equipment

Sport Specific Equipment Location and details: The equipment room is in the NW corner of the gym. The poles stand up in holes in the floor in the corner of the equipment room. The nets hang on silver bracket / hooks on the wall. If you need to tighten the net for any reason, there are cranks on both posts that can tighten the nets located in photo 3 and 4.

Gym Take-down

Volleyball

Step 1: Loosen nets and remove from attachments on posts

Step 2: Hang nets neatly on the silver brackets in the equipment room (see photo #3)

Step 3: Remove posts and place in the open holes in the corner of the equipment room (see photo #4)

Step 4: Replace post hole covers on the floor



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Important Notes

- There are two large fans located in the gym that can be used while games are ongoing. Please ensure these fans aren't kept on overnight
- If anything urgent occurs, please contact Ben @ 403-870-5610

