

Facility: **Janet Johnstone (School)**

Last Updated: **April 24th, 2018**
Who: **BC**

Address: **224 Shawnessy Drive SW**

Contact/Caretaker:

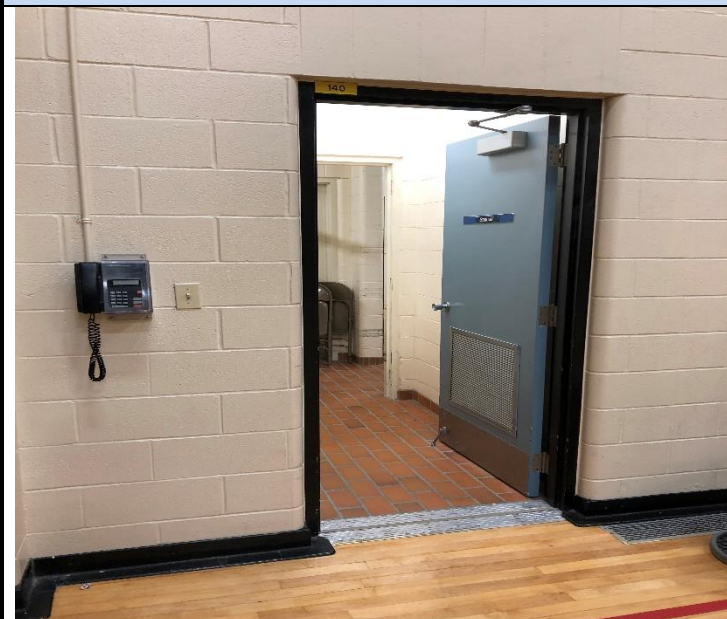


Photo #1



Photo #2

General Information

Parking: Players may **NOT** park in any reserved parking stall **AT ANY TIME**. Players can park in the staff lot on the East side of the building.

Entrance: Players should enter from the main entrance on the Northeast corner of the building. Players should leave outdoor footwear at the entrance.

Gym Location: Inside the entrance continue straight down the hallway and through the set of doors at the end. Take the first left through the doors to get to the gym.

Change room/Washroom:

Floor: Wood

Equipment

Sport Specific Equipment Location and details:

Posts: Posts are located in the first storage when you enter the gym. The door has a sign on it that says "Storage". Our posts are located just around the corner after entering the room. The posts are light blue in color. They are labelled with white tape indicating post number, and all 4 crank handles that we use also have a piece of white tape.

Post Holes: There is one obvious post hole for each court sideline; they are just outside of the court lines on both courts.

Nets: The CSSC owns the nets. They are kept in the same location as the posts and are stored in a blue plastic container labelled "CSSC Volleyball". The nets are also labelled in sharpie "Property of the CSSC". The plastic bin should be kept next to the nets when not in use. Please do not mix our nets with the school nets.



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403-244-PLAY(7529)

Court Lines: The lines are yellow on each side and red on each end. The end lines are about 2 feet from the walls. For serving, players are allowed to take 1 step into the court due to restricted space.

Gym Set-up

Volleyball

Step 1: Posts #1 and # 2 are used on one court, #3 and #4 are used on the other court. **Put the posts with the double cranks (#2 and #3) and the narrower base against the outside walls and the wider base posts with the single crank in the holes closer to the centre of the gym.**

Step 2: The net height is adjustable on each post – set it to the 2nd hole from the top.

Step 3: Each net has a loop on all 4 corners with ‘S’ hooks. Attach the s-hook on the post to the top corner of the net. Attach the s-hook on the opposite posts rope to the other top corner of the net. Tighten gently.

Step 4: Repeat for the bottom of the net, but the rope and crank will be on the opposite side.

Step 5: Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten.

Basketball

Court Lines: Black court lines all around.

Player Benches:

Gym Diagram

In progress

Important Notes

- Please put the posts and nets back in the appropriate spot. The posts are stored in the first equipment room to the left when entering the gym from the main entrance of the building. The room is an old locker room. The posts are stored in the open area right around the corner against the wall (as seen in the picture above). Please place the posts gently and ensure they will not tip over.
- The nets are to be stored in the blue plastic bin labelled “CSSC Volleyball” and stored on the floor right under the posts (as seen in photo above).

