

Facility: **Father Lacombe – Main (H.S.)**

Last Updated: Oct 23 2024
Who: JB

Address: 3615 Radcliffe Drive SE

Contact/Caretaker:



Photo #1

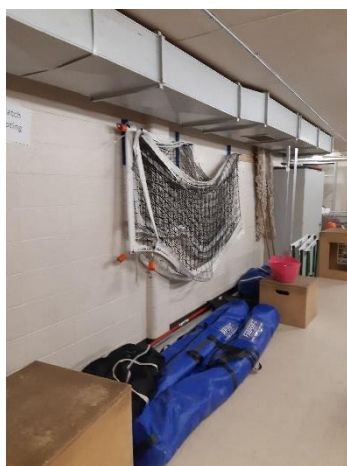


Photo #2



Photo #3

General Information

Parking: Players may **NOT** park in any reserved parking stall **AT ANY TIME**. Players may park in the main lot on the West side of the school.

Entrance: Players should enter from the main entrance on the North side of the building. Players should leave outdoor footwear at the entrance.

Gym Location: To get to the Main gym, inside the main entrance the gym will be on the left just off the main hallway.

Change room/Washroom: When leaving the gym through the main doors, the washrooms are located just around the corner on the left. Men's and Women's change rooms are in the same hallway just past the washrooms.

Equipment

Sport Specific Equipment Location and details:

Posts: Use the 4 Dark blue posts located in the Gym Storage room at the immediate right upon entry into the gym. The post padding is piled near the posts if you wish to use it. **Use the four posts that have a strap with the crank, the rope cranking posts are extras.**

Post Holes: Use the post holes that are 2 feet outside the black court lines

Nets: The school owns the nets. They are located in the far-left equipment room, hanging up on the wall by hooks. **PLEASE NOTE: There are other nets in the equipment room that have rope on the corners. These nets are used on a different set of posts (red) that should NOT be used by the CSSC. At the end of the night, it is very important that the nets are hung back on the wall hooks! Additionally, there is a net with metal on the sides, do not use this either.**

Court Lines: White lines (for the 2 main courts).



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Gym Set-up

Volleyball

Step 1: Take out the post hole covers on the gym floor.

Step 2: Place the 4 dark blue posts in the post holes with the cranks and rope facing into the court. For each set of 2 posts, one post will tighten the rope at the top and the other post will tighten the rope at the bottom. This ensures that both the top and bottom of the nets are tightened properly.

Step 3: Attach the top corner of the net (carabiner) onto the rope clip, and repeat the same on the other side.

Step 4: Connect the 2 bottom corners (carabiners) of the net to the posts just like the top.

Step 5: Tighten the net by cranking the pulley on each side. (Do not over tighten)

Important Notes

