

Facility: Dr. E.P. Scarlett – Main (H.S.)

Last Updated: Sep 16th,
2022
Who: JB

Address: 220 Canterbury Drive SW
Contact/Caretaker: 403-281-3366



Photo #1

Photo #2

Photo #3

Photo #4

General Information

Parking: Players may **NOT** park in any reserved parking stall **AT ANY TIME**. Players can park in the lot on the South / front side of the building.

Entrance: Players should enter from the main entrance on the South side of the building off the main parking lot. Players should leave outdoor footwear at the entrance.

Gym Location: Inside the entrance, continue down the main hallway and the gym will be on your left.

Change room/Washroom: Located just to the left after entering through the main doors

Equipment

Sport Specific Equipment Location and details:

Nets: The school owns the nets. They are located in the equipment room which is located in the right corner as you walk into the gym. The 2 nets required for the red posts are hanging on the wall directly under the red posts. One of the nets is labelled "Huck", and the other has "Lancers" written across the top white tape. Both nets have rope on the ends (different colors), as well as green rope for fastening around the posts.

Posts: Posts are red and have a black pulley at the top, they can be found in the equipment room hanging up on the wall. These posts are not the type of posts you would typically find in other schools. The pulley is located on the top of the post and there is a box winch on two of the four posts (one winch for each set). There are also two red tools that are needed for net set-up. **These tools are kept in the Phys. Ed. Office, in a bright red "Lancers" bin off to the right. You will need the caretaker to gain access to the Phys Ed office.** One tool is a red crank handle and is used for raising and lowering the height of the pole; the other tool is a red square wrench like object and is used to crank the winch box.

Post Holes: New post holes have been installed to accommodate the new red posts. They are approximately 3 feet outside of the court lines.

Gym Set-up

Volleyball

Step 1: Place the poles in the correct post holes. Ensure that for each court, one of the posts has a winch box.

Step 2: There will be two tools located in the Phys Ed office. One to adjust the height of the post (crank) and one to operate the winch box (square tool) on the post. Use the tool for adjusting the post to make it the correct height. The location to insert the tool will be roughly half way up the posts just below the SA sport logo. For a visual of each location for the tools, refer to picture 1

Step 3: On the post without the winch box, guide the white rope overtop of the pulley and attach to the red downward hook.

Step 4: On the post with the winch box, let the strap all the way out of the winch. Once completed, guide the white rope



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over top of the pulley and attach to the white strap with the hook

Step 5: Use the red square wrench like object to tighten the winch box. **Be sure to not over tighten the strap.** If it becomes too tight the net and could snap.

Step 6: Along the bottom of the nets, there will be a green rope with a black pulley. Wrap the end of the green rope around the post and feed the rope back through the black pulley. Using the Pulley, you will be able to tighten the rope by pushing the ropes together. There are ridges within the pulley that will keep the rope from loosening once they are pushed together

Step 7: Setup is complete. For a visual of how the nets should look refer to picture 3.

Important Notes

- The tightening tools for the nets **MUST** be returned to the caretaker at the end of the night.
- Ensure Bleachers are all the way back to make room for serving.

