

Facility: **Central Memorial (H.S.)**

Last Updated: **Nov 6 2019**
Who: **MS**

Address: **5111 21 Street SW**

Contact/Caretaker:



Photo #1



Photo #2



Photo #3

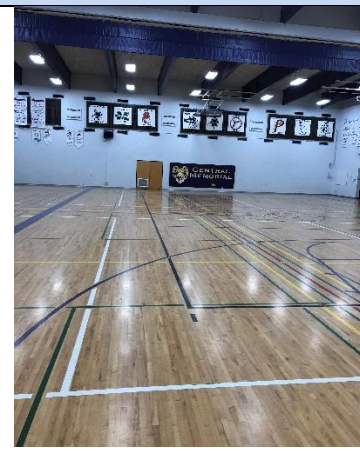


Photo #4

General Information

Parking: Players may **NOT** park in any reserved parking stall **AT ANY TIME**. Players can park in the lot on the north end of the school closest to the main entrance.

Entrance: Players should enter from the main entrance on the north side of the building. Players should leave outdoor footwear at the entrance.

Gym Location - Main: After entering the school from the main entrance, walk straight until you see a downward ramp (you will see the main office sign) turn right before going down the ramp. Continue along that hallway, left around the corner, then the gym door will be right there. The door might be locked to enter the gym; if so, please ask the caretaker to let you in.

Change room/Washroom:

Floor: wood

Equipment

Sport Specific Equipment Location and details:

Volleyball

Posts: The posts are located in the equipment room within the gym, along the same wall as the bleachers (in between). For our 2-court setup, we use the 4 light blue posts (see photo above). Each post has a rope and a crank. For each court, use one post that cranks the top rope and one that cranks the bottom rope.

Post holes: Use the post holes closest to the court lines ~3ft from the edge of each court.

Nets: We use the school's nets. They are located in the storage room in the corner of the gym, hanging on the wall (see first 2 photos above). The nets are "Teamline" brand and are labelled across the whole net. Please **do not use** the nets that are in the same storage room as the posts (those nets are also "Teamline" brand but look much different – not labelled across the whole net – they will not fit for our 2-court setup).

Court Lines: White lines all around.



www.CalgarySportsClub.com
Unit 180 - 4411 6th Street SE, Calgary, AB, T2G 4E8
403-244-PLAY(7529)

Gym Set-up

Volleyball

Step 1: Choose one post that cranks the net on the bottom and one that cranks the net on the top for each court. Use the post holes that are ~3ft outside of each sideline (white court lines).

Step 2: Adjust the top metal sleeve on all posts to the 2nd hole from the top.

Step 3: On the corner of each net there is a loop with a carabiner. Attach each loop/carabiner on the top corner of the net to the carabiner on the rope and then attach the carabiner on the top of the net to the metal loop on the opposite post.

Step 4: Repeat for the bottom of the net, but the rope and crank will be on the opposite side.

Step 5: Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten.

Basketball

Court Lines: Black all around

Player Benches: Players can use the bleachers along the wall

Important Notes

- Please ensure all equipment / bleachers are put away correctly at the end of the night.

