

Facility: Balmoral School

Last Updated: Jan 9, 2023
Who: JB

Address: 220 16 Ave NW

Contact/Caretaker:

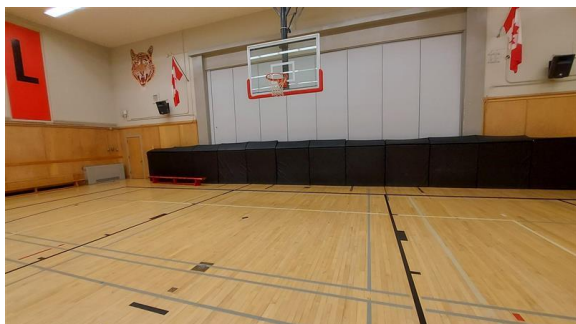


Photo #1

Photo #2

General Information

Parking: Players may park in either lots on the east and west side of the school. If there are not spots available in either lot, parking is available on 1 Street NW. Parking along 2 Street NW is by permit only. Please do NOT park here as the residents have the permits and need to keep spots open. Players caught parking here may be ticketed by parking authorities and / or fined by the CSSC as part of the facility policy.

Entrance: You may go in doors in the white building to the left of the main doors (on the southwest corner). The front doors will be locked. You must ring the doorbell which can be found on the main door frame.

Gym Location: The gym is located on the main floor on the far west end of the school. Once you enter through the doors mentioned above, the gym will be there.

Change room/Washroom: The washrooms are located outside of the gym and down the stairs. At the bottom of the stairs, walk straight ahead and you will see the washrooms.

Equipment

Sport Specific Equipment Location and details:

Volleyball

Posts: The posts are kept under the stage (when facing the stage, it will be the pull out drawer on the left side). Each post has a crank wheel with a rope to tighten the net. Each post has one s-hook on the post and one s-hook on the rope to attach the net. There are 2 kinds of posts at this school, we use the posts with the larger base that screw in to the ground.

Post Holes: Use the post holes that are closest to the court lines. The posts do not go into the ground as most other gym setups. The posts screw into the ground using large screws that are attached to the posts.

Nets: The CSSC owns the nets. The nets are labeled VN8080 and have cables across the top and the bottom. They are stored in the black pull-out drawer underneath the stage. They have been custom fitted to the court dimensions at this gym. There is a metal s-hook on all 4 corners of each net.

Court Lines: The lines are yellow all around. The courts are regulation width (30') and regulation length (60') but there is limited room for serving.

Gym Set-up

Volleyball

Step 1: Choose one post that cranks the top of the net and one that cranks the bottom, for each court (2 red bases on one court, 2 blue bases on the other). The posts screw into the holes in the floor.



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Step 2: If the rope that tightens the top of the post is pulled through the middle metal loop, you should unhook the metal clip and pull the rope up through to the top loop and then re-attach the metal clip.

Step 3: Each net has a metal s-hook on all 4 corners. Attach the top of one corner of the net to the s-hook on the top of the post (**or to the chain on the post, as long as this does not cause the net to sag**) and the other top corner to the s-hook on the rope. Tighten the rope using the crank wheel.

Step 4: Repeat for the bottom of the net, but the rope and crank will be on the opposite side.

Step 5: Do not over-tighten the bottom of the net – this will pull down the height so that it is too low.

Basketball

Court Lines: Black all around

Player Benches: Players can sit on the large benches against any wall, outside of the area of play.

Staff visits:

April 16th, 2018: BC visited and checked on the equipment. Both nets are older and have a bit of 'wear and tear'. Both nets have a few rips in the black netting which has created a few spaces in the net to have gaps. BC has used tape to repair and tied the string back together in knots; however, the nets will need to be replaced if we continue to use this facility for future seasons. BC also taped the corner of one net as the cable has started to rip through the corner material. BC also attached chain + S hook and carabiner to one of the posts as it was missing. This chain/carabiner setup is adjustable based on how much or little slack is required during setup.

Important Notes

