

Facility: **Simon Fraser (J.H.S.)**

Last Updated: Sept 12
2022
Who: JB

Address: 5215 33 Street NW

Contact/Caretaker:



Photo #1

Photo #2

Photo #3

Photo #4

General Information

Parking: Players may **NOT** park in any reserved parking stall **AT ANY TIME**. Players can park in the lot on the South side of the school.

Entrance: Players should enter from the doors on the South side of the school off the parking lot. These doors should be unlocked for our permit, if not, there is a doorbell that can be used. Players should leave outdoor footwear at the entrance.

Gym Location: Inside the South entrance, the gym will be just to the right near the front of the school.

Change room/Washroom:

Floor:

Equipment

Sport Specific Equipment Location and details:

Nets: Badminton nets are located under the stage (far right side when facing the stage). They are located in a box labelled CSSC Badminton and are owned by the CSSC. There are five nets in total that are labelled "property of the CSSC".

Badminton Posts: There are 4 navy blue badminton posts that are stored in the left corner of the equipment room just outside the door closest to the right of the stage. **You will need the caretaker to open this room for you.**

Pickleball: There are 3 Pickleball nets in the same cupboard under the stage where the CSSC badminton nets are stored. They are in black bags labeled CSSC.

Gym Set-up

Badminton

Step 1: Place each post into the post holes located outside each badminton court with the bases of the post running parallel with the badminton court lines.

Step 2: For the outside 2 courts, use the nets labeled 'outside court'. For the middle court, use the net labeled 'middle court'. The middle court net is not long enough to be used for the outside courts.



Step 3: Hook the loop from the top of the net over the d-ring at approximately 5 feet high on the first post.

Step 4: Hook the loop from the top of the other end of the net over the d-ring at the same height on the opposite post. Twist either post one direction to tighten the net.

Step 5: Repeat for the other 2 courts.

Pickleball

There are 3 Pickleball nets underneath the stage in the righthand cupboard under the stage in black bags labeled CSSC. Instructions for assembly can be found on a laminate sheet inside each bag.

Please ensure bags are neatly put away at the end of the night, and that each instruction sheet stays with it's bag.

Volleyball

Step 1: Pull out the 4 posts and find the metal fasteners that screw the base of the posts into the floor – these 'screws' are either in the base of each post, lying loose under the stage or in the CSSC box. Be sure to use the short screws for the "Y" shaped bases and the longer screw for post #3.

Step 2: The hole closest to the stage is for post #1 and furthest from the stage is for #4. Posts 1, 2, and 4 sit on a "Y" shaped base, please make sure the top of the "Y" is facing into the court, to provide maximum support. Post 3 is on a taller cross-shaped base.

Step 3: Attach the s-hook on the top of the net to the metal loop on the top of the post and then on the other side, pull the extra rope through the top metal loop and down to the crank. Loop the rope through the pins on the axle of the crank wheel and then tighten the top of the net.

Step 4: Repeat for the bottom of the net, but the rope and crank wheel will be on the opposite side. Pull the rope through the metal loop and then down to the crank wheel. Otherwise, you will tear the bottom corner of the net.

Step 5: Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten.

Important Notes

- Please DO NOT allow food, pop or juice in the gym – water only.
- Please ensure games are started and end on time to ensure we are out before the end of permit.
- If any equipment / benches are moved, please ensure they are returned to their original place before leaving.
- Do NOT put posts under the stage. Please ensure posts are put back in the equipment room located just outside the gym. You may have to find the caretaker to let you in to the equipment room.

