

**Facility:** Le Roi Daniels

Last Updated: April 29<sup>th</sup>  
2019  
Who: MS

**Address:** 47 Fyffe Road SE  
**Contact/Caretaker:**



## General Information

**Parking:** Players can park in the parking lot to the west of the school.

**Entrance:** Use the West entrance from the West parking lot.

**Gym Location:** When entering through the West entrance, the gym will be immediately to the right.

**Change room/Washroom:** After going through the West entrance, the washrooms are located straight ahead in a small hallway.

## Equipment

### Sport Specific Equipment Location and details:

#### Volleyball/Badminton/Pickleball:

**Posts:** The posts are stored in the gym. When entering the gym, you will see the posts to the left against the far wall. They are kept on a box. Please ensure the posts get put back here at the end of the night. **For Volleyball: Use the 4 posts that have a crank on them.**

**Postholes:** Use the post holes located ~ 3 feet outside of the courts.

**Nets:** The CSSC owns the nets. They are in a box labeled 'CSSC Volleyball' on the top shelf in the gym storage room (right side wall when walking into the room). The equipment room is located on the opposite side wall from the gym doors.

Volleyball: The nets have ropes and chains attached to them with cable top and bottoms.

#### Court Lines:

Volleyball: Green lines all around

Pickleball/Badminton: White lines all around



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## Gym Set-up

### Volleyball

**Step 1:** At the top of each post, there will be either 2 plastic pulley wheels, or one pulley wheel and one metal hook. For each court, be sure to use one of each.

**Step 2:** Turn the posts so that the crank winches are facing into the courts.

**Step 3:** Attach the s-hook on the chain on the top of the net to the metal loop on the top of the post and then on the other side, pull the extra rope through the top plastic wheel and down to the crank. Loop the rope around the axle of the crank wheel and then tighten the top of the net.

**Step 4:** Repeat for the bottom of the net, but the rope and crank wheel will be on the opposite side. Take the rope straight to the crank wheel and tighten. For the rope on the bottom, you will see two loops on the post. Pull the rope through the top loop, then down into the crank.

**Step 5:** Tighten the net on the top and bottom using the winch. Do NOT over-tighten.

### Badminton / Pickleball

**Step 1:** The school does not have separate badminton Standards, so we will use the IVB posts. Use one post with a winch and one without for each court.

**Step 2:** Attach the nets through the rings just above the winches (5' off the ground)

**Step 3:** Tie the nets around the loops at the top of the posts (5 feet) and either loop the rope around or tie a simple knot.

**Step 4:** Another option for tightening the nets is to loop the rope through the metal loops on the post, secure it in place, then twist the pole to tighten. DO NOT OVER-TIGHTEN

#### Pickleball:

\*Follow Badminton setup instructions. The only difference will be the nets. Pickleball nets are set at 3ft rather than 5ft. At this facility, you will have to use tape to attach the net strings onto the posts. Each EC was given a roll of tape at the beginning of the season. Please use only what is needed. At the end of the night, please remove the Pickleball tape from the posts (DO NOT REMOVE OTHER TAPE – Post #s).

## Gym Diagram

In Progress

## Important Notes

**THE ROPES NEED TO STAY ON THE NETS. PLEASE DO NOT REMOVE THE ROPES FROM THE NETS!!!!!!**

**Spring 2015:** The ceiling in the equipment room was broken due to the posts being put away incorrectly. There is an open space in the ceiling that you can put the posts up into first, before lowering them down into the block on the floor. Also, make sure the box of nets is put away on the shelf where it belongs.

**Spring 2015:** Please put nets and equipment back neatly! We received another complaint regarding tidiness of the equipment room.

