

Facility: **Abbeydale School**

Last Updated: Oct 10, 2024
Who: JB

Address: 320 Abergale Drive NE
Contact/Caretaker: Bryan Webb



Photo #1



Photo #2



Photo #3

Photo #4

General Information

Parking: Players may **NOT** park in any reserved parking stall **AT ANY TIME**. Players can park in the main lot on the east side of the school or on the road along Abergale Drive.

Entrance: Players should enter from the east entrance off of the parking lot. Players should leave outdoor footwear at the entrance.

Gym Location: After you enter through the main entrance, the gym will be located on the left.

Change room/Washroom:

Equipment

Sport Specific Equipment Location and details:

Volleyball

Posts: The posts are stored in the equipment room and are marked 1, 2, 3, 4. Posts 1 and 2 go together, 3 and 4 go together.

Post holes: Use the post holes closest to the court lines, about 3' from the edge of the court.

Nets: The nets are owned by the CSSC (TVN200) and are labeled CSSC with cable across the top and bottom. **They are hung up behind the volleyball standards.**

Court Lines: The lines are grey all around.

Badminton/Pickleball

Posts: There are 8 volleyball posts, 4 with a single crank and 4 with 2 cranks. All 8 posts are needed to set up 6 courts. The 4 posts with a single crank will be placed in the post holes closest to the walls. The remaining 4 posts with 2 cranks will be placed in the middle post holes between courts.

Post holes: The holes are 1.5 feet outside each badminton court.

Nets: There are 8 badminton nets at this school (4 CSSC nets, 2 owned by the school and 2 extra nets that can be used if needed). All nets have rope and loop on the ends. The nets will be in a bin labelled "CSSC Badminton" in the equipment room on a shelf by the light switch.

Court Lines: The lines are green all around. There are 6 courts which are regulation size (20' x 44')



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Gym Set-up

Volleyball

Step 1: Use one post to crank the top of the net and one post for the bottom of the net for each court.

Step 2: Adjust the top metal sleeve on the posts to the 2nd hole from the top and the bottom metal sleeve to the lowest hole. Slide the pins through the post to hold in place.

Step 3: Attach the top corner of one net to the s-hook on the post and the other top corner to the s-hook on the crank rope.

Step 4: Repeat for the bottom of the net, but the rope and crank will be on the opposite side.

Step 5: Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten.

Badminton

Step 1: For each post, adjust the height of the sleeves to the badminton height (~5 feet or 2nd hole from the bottom). On the posts with double cranks, the top metal sleeve will need to be brought down to badminton height. Simply take the sleeve out from the top and let it rest on the bottom metal sleeve.

Step 2: Place the posts in the correct post holes indicated above.

Step 3: Loosen all the cranks so that there is slack in the rope.

Step 4: Attach the loop of one end of the net to the s-hook from one of the posts' ropes. Attach the other end of the net to the opposite posts s-hook. Tighten both cranks and repeat for all courts; there are S-hooks on all posts where the nets will be attached. Please do not over-tighten the nets.

Pickleball

Pickleball notes: Follow the Badminton steps above for Pickleball; however, do not hook the top corners of the net to the cranks as they will not be at the right height. Simply tie the two top corners of the net around the post with a tight knot. Net should be 3 feet in height. Pickleball EC's should be provided with a white rope for height reference. This rope has black markings on it (at one end, step on the rope, then hold the rope up to the post. The black marking should be at the 3 foot height.

Important Notes

- At the end of the night, please roll up the nets neatly and place them back in the CSSC bin in the equipment room. We want to keep the room just as clean if not cleaner than when our group arrives. Please clean up after yourselves!

